20 ACTIONS FOR 2020

There are many ways to join the fight against sex and labor trafficking. Here are 20 ideas to consider doing in 2020.

1. Share the contact information for the U.S. National Human Trafficking Hotline. If you or someone you know is a victim of human trafficking call 1-888-373-7888 or text 233733.

2. Volunteer for social service organizations and/or businesses in your community that provide support for vulnerable people.

3. Learn what products are likely to be produced by forced or child labor - and how they might make their way into your home.

4. Support survivor-owned or led businesses and businesses that offer meaningful employment opportunities to survivors.

5. Pledge to stand in solidarity with survivors and work for a world where everyone has the freedom to make their own choices about how they live and work.

6. Encourage schools to create thoughtful, well-informed campaigns to inform youth about sex and labor trafficking.

7. Advocate for state and local policies that support healthy families, good jobs and strong communities as a way to prevent and reduce trafficking.

8. Donate money, miles, points, and more to anti-trafficking organizations.

9. Understand the whole story - not the "signs or indicators" of human trafficking. Context is key to understanding this complex and diverse crime.

10. Support state and federal policies that can prevent or reduce sex and labor trafficking specifically.

11. Learn about business policies - such as supply chain practices - that can help prevent trafficking and work with your company to implement them.

12. Understand how traffickers use social media, teach others, and pledge to share credible information on your social media channels.

13. Support policies that make it easier for human trafficking survivors to have their records cleared of criminal offenses they were forced to commit while being trafficked.

14. Work with your company to implement policies that support hiring survivors of sex and labor trafficking.

15. Are you an attorney? A truck driver? Or a medical professional? Learn how specific professional skills can be put to use supporting survivors of trafficking in your community.


17. Fundraise for an anti-trafficking organization or organizations that support vulnerable communities, like emergency shelters and food banks.

18. Support federal policies that prevent trafficking of vulnerable runaway and homeless youth.

19. Learn about the temporary work visas system and support federal policies that provide protections for domestic and agricultural guest workers.

20. Share this infographic with your friends and family!