

## National Survivor Study Resource List

- **National Human Trafficking Hotline** - a 24/7 confidential hotline that can connect you to services across the country. This hotline has language interpretation for speakers of most languages.  
Call: 888-373-7888  
Text: BEFREE 233733
- **Crisis Text Line** - The Crisis Text Line offers emotional support for those in crisis. Crisis counselors practice active listening to help people in crisis move from a hot moment to a cool calm. This hotline operates 24/7 and is English only.  
Text: START or HOME to 741741  
Website: <https://www.crisistextline.org/>
- **Trans Lifeline** - The Trans Lifeline is dedicated to the well-being of transgender people. It is primarily for transgender people experiencing a crisis, but they will speak to anyone needing someone to listen. It is run by transgender volunteers, and their goal is to prevent self-harm. They connect transgender individuals to services that meet their needs. Their hours vary each day, but they are open 7 days a week (see website for exact hours).  
Call: 877-330-6366  
Website: <https://translifeline.org/hotline/>
- **WarmLines** - WarmLines is an online resource directory of hotlines and organizations for anyone that needs emotional support.  
Call: 1-877-565-8860
- **StrongHearts Helpline** – StrongHearts is a culturally-appropriate, anonymous, confidential service dedicated to serving Native American survivors of domestic violence and concerned family members and friends. You can call or text 24/7 and chat is available on their website.  
Call: 844-7NATIVE [844-762-8483]  
Text: 844-7NATIVE [844-762-8483]  
Website: <http://www.strongheartshelpline.org/>
- **Survivor Alliance** - A survivor led, global organization that focuses on survivor unity and empowering leadership. They have a consultant readiness program that helps train survivors who want to take on consultant work in the anti-trafficking field. You can sign up to be a member and learn more about them on their website.  
Website: <https://www.survivoralliance.org/>



Freedom  
happens  
now.

- **Polaris Survivor Consultant Database** - This database of around 500 survivors receive regular opportunities to consult with Polaris. If you are interested in joining:  
Email Lara at [lpowers@polarisproject.org](mailto:lpowers@polarisproject.org)
- **Survivor Sex Trade Resources** - This website is for anyone who has been in the sex trade (or still is) and needs emergency assistance. Resources are organized by state.  
Website: <https://www.sextradesurvivorresources.com/>
- **CANOPY Hotline** - A national hotline aimed to connect migrants to social services in their local area.  
Call or Text: 800-437-3071  
Website: <https://www.raicetexas.org/what-we-do/social-services/canopy-hotline/>
- **National Immigrant Women’s Advocacy Project’s Directory of Programs With Experience Serving Immigrant Victims**- A directory of service providers with experience working with immigrant victims of domestic violence, sexual assault, U-visa crimes and human trafficking, by state.  
Website: <https://niwaplibrary.wcl.american.edu/home/directory-programs-serving-immigrant-victims>